

PRK POSTOPERATIVE INSTRUCTIONS

IT IS NORMAL FOR YOUR VISION TO GET WORSE FOR THE FIRST FEW DAYS

IT IS NORMAL FOR YOUR EYES TO BE SCRATCHY, SORE AND TO TEAR

IT IS COMMON FOR CONTACT LENSES TO FALL OUT. IF THIS HAPPENS DURING BUSINESS HOURS, YOU CAN COME IN FOR A NEW ONE OR YOU CAN WAIT UNTIL TOMORROW. DO NOT PUT IT BACK IN YOURSELF.

USE ZYMAR EYEDROPS FOUR TIMES A DAY FOR ONE MORE DAY THAN YOUR CONTACT LENS IS IN PLACE

USE FML FOUR TIMES A DAY UNTIL DIRECTED TO CHANGE THAT SCHEDULE

USE ACULAR TWICE A DAY FOR TWO DAYS ONLY, THEN DISCARD THE BOTTLE

USE COMFORT DROPS FOR THE FIRST 48 HOURS ONLY, THEN DISCARD THE BOTTLE

THE MORE TEAR DROPS YOU USE, THE BETTER YOU WILL FEEL

TYLENOL WITH CODEINE-1 TO 2 TABS EVERY FOUR HOURS AS NEEDED FOR PAIN

VALIUM 5MG- 1OR 2 TABS NO MORE THAN EVERY 8 HOURS AS NEEDED

VITAMIN C- 1000mg PER DAY FOR THE NEXT 12 MONTHS

WEAR SUNGLASSES WHEN YOU GO OUTSIDE FOR THE NEXT YEAR

NEURONTIN- THREE TIMES A DAY STARTING THE DAY BEFORE YOUR PROCEDURE AND CONTINUE FOR THE NEXT FIVE DAYS.

IF YOU HAVE ANY QUESTIONS OR CONCERNS, CALL US AT 847-621-0633 DURING BUSINESS HOURS. AFTER HOURS FOR EMERGENCIES, OUR ANSWERING SERVICE WILL PAGE THE DOCTOR ON CALL.